

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cajun beef with herb-diced potatoes and sweetcorn	Sri Lankan black chicken curry with rice and peas	Roast chicken and vegetable pie with roast potatoes, peas, and gravy	Soy and chilli-glazed chicken with rice and wilted greens	Chip Shop Friday Fish or southern fried chicken with chips, peas and curry sauce or gravy
FEATURED	PASTA	[CURRY]	PIE	BOWL	FISH & CHIPS
VEGGIE MAIN	Creamy pesto pasta bake with garlic bread	Spanish Quorn pieces in a rich paprika and tomato sauce served with vegetable rice	Caramelised onion and feta tart with peas and salad	Roasted hoisin vegetables with rice	Quorn hot dog with mayo, salad, and chips
PASTA	Roast tomato and basil (v)	Penne with spiced chicken and tomato	Chorizo penne	Creamy tomato (v)	Garlic and mushroom pasta (v)
HOT GRAB & GO	Loaded nachos with cheese and chicken	Pizza with pepperoni	Chicken tikka flatbread	Ham and mushroom pizza	Stuffed jacket (v)
DESSERT	Gingerbread (v)	Chocolate brownie (v)	Lemon muffin (v)	Homemade shortbread (v)	Orange sponge cake (v)

For those with special dietary requirements or allergies who may wish to know about the food or drink ingredients used, please ask for a manager.